



FALL 2023 SCHEDULE OF CLASSES

FOUR WEEKS IN THREE PINES

Jim Johnson

Tuesdays, September 5, 12, 19, 26

10:00 am – 11:30 am

The course will focus on major themes in the best-selling mystery novels of Louise Penny, including the power of community, death and rebirth, and the quest for home. Participants should be familiar with one or more of the books in the Three Pines series. A short list of specific books to be discussed will be sent to participants in advance. All books are available through the four county library system. The course will include pictures and descriptions of a recent personal visit to the eastern townships of Quebec where most of the books take place, and abundant time for discussion.

Location: Sept. 5, 12, 19 - Room 104, Morris Conference Center, SUNY Oneonta
Sept. 26 – Room 130, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

THE MIDSOMER MURDERS PHENOMENON – PART I

Todd Jones

Thursdays, September 7, 14, 21, 28

1:00 pm – 4:00 pm

The “Midsomer Murders” Television Program is based on the Chief Inspector Barnaby book series by Carolyn Graham. We will explore the numerous reasons why *Midsomer Murders* has received world-wide acclaim as England’s most deadly fiction county. Part I will feature John Nettles portraying Chief Inspector Tom Barnaby. The following episodes will be shown: *The Killings at Badger’s Drift*, *Garden of Death*, *Hidden Depths*, and *The House in the Woods*. Episodes are approximately 95 minutes long.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 24

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

AMERICAN HISTORY THROUGH THE EYES OF THE PRESIDENTS - IV

Edmond Overbey

Wednesday, September 20

10:30 am – 12:00 pm

A book club with a historical biography theme. Classes will feature an interactive video overview of the 7th and 8th Presidents of the United States of America, Andrew Jackson and Martin Van Buren, including successes, failures, challenges before, during, and after achieving office.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Cost: Recommended reading *The American Presidents Series* published by Time Books, Henry Holt and Company, available from Amazon. Presidential podcast available at no cost from Apple Podcasts.

Maximum Enrollment: 25

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

CLOSE ENCOUNTERS – GRAY WHALES AND BAJA, CALIFORNIA

Dorothy Scott Fielder

Monday, October 2

10:00 am – 12:00 pm

In January 2023, I was on a Road Scholar trip to see the Great Gray Whale migration in Baja, California. In addition, we went on nature walks in the desert and even to a cave with ancient cave art. We traveled along the only paved two-lane highway through this sparsely populated area of Mexico. Come and see its variety and beauty.

Location: Craven Lounge, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 60

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

DOES RACE EXIST? (Updated)

Bill Pietraface

Tuesday, October 3

10:00 am – 12:00 pm

People often use physical characteristics such as skin tone and hair texture, along with area of geographic origin and shared culture to group themselves and others into "races". But given the prevalence of interracial marriages and knowledge of the human genome, does race still exist in the human population? We will attempt to answer that question using a lecture and discussion format.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

DREAMWORK: A SUPPORTIVE PRACTICE AS WE AGE IN AN UNSETTLING TIME

Barbara Hinkley

Tuesdays, October 3, 10, 17, 24

1:00 pm – 3:00 pm

This is an unsettling time. It presents unique challenges as we rebound from the pandemic and decide where we go from here. At the same time, many of us are facing issues related to aging. How do we do this well? Group dreamwork can assist with gaining insight, camaraderie, and connection, as we learn to understand dream meanings and allow them to add a new dimension of knowledge.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 25

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

SCOTLAND: LAND OF CASTLES, HEATHER, ISLANDS, AND HIGHLANDS

Diane Carlton

Thursday, October 5

3:00 pm – 4:15 pm

Join Diane Carlton as she takes you through her recent trip to the highlands and Islands of Scotland including Mull, Skye, Ft. William, Ben Nevis, Glen Coe and Glen Nevis. Diane planned a self-drive vacation to the land of "Outlander" which included driving a standard car on the wrong side of the road where the stick shift is operated by your left hand, learning to find options to eating in restaurants (so as to avoid Covid), flying safely with N-95 masks, and surviving the dreaded miggies! She'll also provide some tips on finding the least expensive airlines, rental cars, B & Bs and how to avoid the crowds that post-Covid and post-*Outlander* are flooding into Scotland.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

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THE MIDSOMER MURDERS PHENOMENON – PART II

Todd Jones

Mondays, October 9, 16, 23, 30

1:00 pm – 4:00 pm

The *Midsomer Murders* Television Program is based on the Chief Inspector Barnaby book series by Carolyn Graham. We will explore the numerous reasons why *Midsomer Murders* has received world-wide acclaim as England's most deadly fiction county. Part II will feature Neil Dudgeon portraying Chief Inspector Tom Barnaby's cousin John. The following episodes will be shown: *Death in the Slow Lane*, *Habeas Corpus*, *The Village that Rose from the Dead*, and *Death of the Small Coppers*. Episodes are approximately 95 minutes long.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 24

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

AMERICAN HISTORY THROUGH THE EYES OF THE PRESIDENTS - V

Edmond Overbey

Tuesday, October 10

10:30 am – 12:00 pm

A book club with a historical biography theme. Classes will feature an interactive video overview of the 9th and 10th Presidents of the United States of America, William Henry Harrison and John Tyler, including successes, failures, challenges before, during, and after achieving office.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Cost: Recommended reading *The American Presidents Series* published by Time Books, Henry Holt and Company, available from Amazon. Presidential podcast available at no cost from Apple Podcasts.

Maximum Enrollment: 25

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

FUN WITH FLAGS

Dorothy Scott Fielder

Wednesday, October 11

10:00 am – 12:00 pm

I am presenting another one of my stamp topics, this one on flags that have appeared on U.S. stamps. There have been many stamps bearing flags, not always U.S. flags. The state flags often have very detailed state seals on them. What do they mean? Does the USPS always have flag stamps in print? How many different ways can our flag be portrayed on our stamps? Come find out!

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

SOME LIKE IT HOT – A MOVIE COMEDY CLASSIC

John Chamard

Wednesday, October 11

1:00 pm – 4:00 pm

Watch the film and then explore how the right script, the right director (Billy Wilder), and the right cast (including Marilyn Monroe, Tony Curtis and Jack Lemmon) came together at the right time to bring to life such a perfect screen comedy.

Location: Room 130, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

LEATHERSTOCKING ROUTE- OTSEGO TROLLEY LINE

Jim Loudon

Tuesday, October 17

4:00 pm – 5:30 pm

After 1870 the Village of Oneonta grew dramatically, a result of the opening of the Albany and Susquehanna Railroad in 1865 and the subsequent decision to locate the primary shop facilities in the village. As the population grew the need for a system of mass transit became apparent and in 1888 banker David Wilber opened the Oneonta Street Railway. In 1896 the line was converted from horsepower to electric and plans were put in place to extend the line up the Otsego Creek to Hartwick and eventually onto Richfield Springs and Mohawk. Richfield Springs was reached in 1902 and Mohawk in 1904. The line prospered for many years, and opened a recreational park near Laurens which carried scores of visitors on the weekends. By 1906 the company found itself in financial trouble and was reorganized as the Cooperstown and Mohawk Valley Railroad, which was followed in 1909 as another reorganization in 1909 as the Otsego and Herkimer. In 1916 the line was reorganized as the Southern New York Power and Railway company which was shortened to the Southern New York in 1924. The company discontinued passenger operations in 1933, followed by freight service in 1940, with the exception of a 1 ½ mile section that ran from the D&H to West Oneonta until 1969. Jim will be showing **The Leatherstocking Route - Otsego Line**, a newly created video presentation which he narrates about the trolley era in Otsego County and the history of the Southern New York Railway from 1888 to 1945, with period photographs and era specific music.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

SCOTLAND: LAND OF CASTLES, HEATHER, ISLANDS, AND HIGHLANDS

Diane Carlton

Thursday, October 19

3:00 pm – 4:15 pm

NOTE: This is a repeat offering of the October 5 class. Join Diane Carlton as she takes you through her recent trip to the highlands and Islands of Scotland including Mull, Skye, Ft. William, Ben Nevis, Glen Coe and Glen Nevis. Diane planned a self-drive vacation to the land of "Outlander" which included driving a standard car on the wrong side of the road where the stick shift is operated by your left hand, learning to find options to eating in restaurants (so as to avoid Covid), flying safely with N-95 masks, and surviving the dreaded miggies! She'll also provide some tips on finding the least expensive airlines, rental cars, B & Bs and how to avoid the crowds that post-Covid and post-*Outlander* are flooding into Scotland.

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THE SULLIVAN-CLINTON CAMPAIGN: THE VIEW FROM BOTH SIDES

William Starna

Tuesday, October 24

10:00 am – 12:00 pm

In early 1779, George Washington ordered his generals, John Sullivan and James Clinton, to lead a punitive expedition against the western Iroquois. For the first time, the Continental Army was to engage American Indians in a fight. The view from both sides of the campaign and its outcome will be examined in addition to Clinton's march from the Mohawk Valley into the upper Susquehanna and Tioga.

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~~DISCUSSION OF POVERTY, BY AMERICA BY MATTHEW DESMOND~~

MOVED TO WINTER 2024

Marilyn Helterline

Thursday, October 26

11:00 am – 12:00 pm

Thursdays, November 2, 9

10:00 am – 12:00 pm

The class will discuss sociologist and Pulitzer Prize winning author Mathew Desmond's recent book on poverty in this country. Lyndon Johnson declared war on poverty in the 1960s, but overall during the last half century poverty rates in this country have remained stable and higher than in other industrial countries. Why? The usual explanations are structural (globalization, technology, etc.) or blame the poor (lack of work ethic, family structure, etc.). Desmond argues that poverty persists because the non-poor middle class and wealthy benefit from poverty and allow it to continue through the policies of the officials we elect and the decisions we make as consumers and home owners. A review of the book in the New Yorker said "its moral force is a gut punch." This readable and short book (less than 200 pages of text with about 75 pages of footnotes, if you want more detail) should provide a basis for lively discussion.

Location: 1st United Presbyterian (Red Door) Church, 2 Walling Ave., Oneonta (Room 14, First Floor)

Cost: Students will need to obtain the book through a library or purchase. Available in hardcover and on Kindle.

Maximum Enrollment: 25

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

THE NORTHERN RENAISSANCE

Ed Sanborn

Mondays, November 6, 13, 20, 27

10:00 am – 11:30 am

We will discuss how the convergence of the Reformation, the Scientific Revolution, and Economic Expansion in Northern Europe created the conditions for the Northern Renaissance and the Enlightenment.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 40

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

THE MIDSOMER MURDERS GREATEST HITS

Todd Jones

Mondays, November 6, 13, 20, 27

1:00 pm – 4:00 pm

The *Midsomer Murders* Television Program is based on the Chief Inspector Barnaby book series by Carolyn Graham. As we explore the numerous reasons why *Midsomer Murders* has received world-wide acclaim as England's most deadly fiction county, we will review 4 of my favorite episodes from the first 14 seasons including both cousins Tom Barnaby and John Barnaby. The first two episodes will feature Tom Nettles as Chief Inspector Tom Barnaby in *Written in Blood* and *Judgement Day*. The next two episodes will have Neil Dugeon portraying John Barnaby in *Schooled in Murder* and *The Oblong Murders*.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 24

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

AMERICAN HISTORY THROUGH THE EYES OF THE PRESIDENTS - VI

Edmond Overbey

Tuesday, November 7

10:30 am – 12:00 pm

A book club with a historical biography theme. Classes will feature an interactive video overview of the 11th and 12th Presidents of the United States of America, James Polk and Zachary Taylor, including successes, failures, challenges before, during, and after achieving office.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Cost: Recommended reading *The American Presidents Series* published by Time Books, Henry Holt and Company, available from Amazon. Presidential podcast available at no cost from Apple Podcasts.

Maximum Enrollment: 25

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

NEW RESEARCH REGARDING SLEEP AND DREAMS

Barbara Hinkley

Tuesdays, November 7, 21, 28

1:00 pm – 3:00 pm

Some authorities maintain as a culture we are suffering from a deprivation of both sleep and dreaming. This results in serious consequences for our health. Sleep disorders are prevalent . Sleeping pills and alcohol create more problems. Much is known about good sleep hygiene. PTSD “dreams” and nightmares are receiving encouraging treatment. New research will be explored as will effective practices and theories. We’ll look at sleep apps, sleep studies, creative alarm clocks, and the sleep-dream cycle.

Location: Room 130, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 25

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

AN INTRODUCTION TO TAI CHI

Arlana Young

Wednesdays, November 8, 15

12:30 pm – 1:30 pm

We'll start with a brief history of Tai Chi and the many physical, mental, and social benefits of learning the Tai Chi movements. We'll then learn a few movements and create some short forms (series of movements). Participants should wear loose, comfortable clothing and flat shoes. Tai Chi is most beneficial when done from a standing position but it is also possible to gain benefits from doing Tai Chi while seated.

Location: Room 104, Morris Conference Center, SUNY Oneonta

Maximum Enrollment: 15

Registration: To register please email ccaloneonta@stny.rr.com or call 607-441-7370

INDOOR RECREATION

You must have a SUNY Oneonta Guest Pass to engage in these activities. Pass will be sent to members at no cost upon registration for this class.

SWIMMING: Pool is located in the Chase Physical Education Building and is open only when SUNY classes are in session from September 1, 2023 through May 10, 2024 as follows:

Monday – Friday 12 noon to 2:00 pm and 8:00 pm to 10:00 pm

Saturday & Sunday 2:00 pm to 5:00 pm

Other activities available with Guest Pass from September 1, 2023 through August 31, 2024 as follows:

WALKING: Track located in the Field House, available anytime the building is open

TENNIS: Outdoor courts only, available anytime

RACQUET BALL: Courts located on lower level in the Chase Physical Education Bldg.

Available Mondays, Wednesdays, Fridays, 12 noon to 1:00 pm

FALL 2023 FACILITATOR BIOGRAPHIES

Carlton, Diane AICP, is an avid environmental planner who has a special interest in land preservation as a building block for sustainability. Diane is the former Planning Director for Otsego County and has worked as an environmental planner in Westchester and Sullivan counties as well as in the town of Naugatuck, CT. She is the retired Director of Public Affairs and Education for the central New York region of the Department of Environmental Conservation. Diane teaches part-time in the Department of Geography and Environmental Sustainability at SUNY Oneonta, and holds an MPA from the University of Delaware in Environmental Planning as well as a B.A. in History and Environmental Studies from SUNY Geneseo. She is a certified planner through the American Planning Association (AICP) and a Board member of the Chenango Land Trust.

Chamard, John is a retired teacher from Oneonta High School where he served as Chairperson of the English Department and ran the drama program. He taught electives in film and drama. He has a BFA from Boston University and an MS from Columbia University.

Fielder, Dorothy Scott had a brief career teaching biology and a much longer career (25 years) in the United States Postal Service, where she acquired the stamp collecting bug. She retired in 2003, after 22 years as Schenevus Postmaster. Her many interests include stamp collecting, environment concerns, photography, travel and local history.

Helterline, Marilyn is a retired professor of sociology. She taught at SUNY Oneonta from 1973 until 2009 where she taught courses on social class, political sociology, and social problems. She holds a Ph.D. from the University of Notre Dame.

Hinkley, Barbara is a retired educator who works with adult education and has worked with youth in preschool through college settings. She worked at SUNY Cortland in the Child Study Center, the Campus Laboratory School, and Student Personnel, where she managed a 200+ high rise girl's dorm in 1970, during the tumultuous Kent State shootings. Barbara was the Director of Education at two NY State residential facilities for delinquent adolescents and at the Wyoming Conference Children's Home, a mental health treatment center in Binghamton. She trained teachers in effective behavior management techniques. She also taught fifth and sixth grade and middle school special education classes for the emotionally disturbed. After retiring she wintered in Tucson more than 25 years, where she was involved in adult education, aging issues, and brain research.

Johnson, Jim received his MA in English Literature from the University of Iowa in 1966 with a concentration in 19th century American literature and philosophy. Since that time, he has continued his interest in Emily Dickinson – reading, teaching, and carrying out many hours of study and research at the Homestead in Amherst, Massachusetts, where Dickinson was born, lived, and died. He has written/co-written three books on the American Shakers, a book called Colonial: Design in the New World, published by Stuart Tabori and Chang, and a book on the formation of a small farming community in Minnesota. For 30 years prior to his retirement, he owned and managed an advertising agency in Great Barrington, MA.

Jones, Todd received his Bachelor of Science in Psychology from SUNY Cortland and Master of Science in Education in College Student Development from Alfred University. Since coming to Oneonta in 1984 he has worked at SUNY Oneonta, the Department of Labor, the ARC Otsego, and in 2021 retired from the Salvation Army. During the 2020 COVID hiatus, he became an avid fan of the *Midsomer Murders* television show and is looking forward to sharing his enthusiasm about the show with others.

Loudon, Jim is a native of Oneonta and has lived most of his life in Otsego County. Over the years, his interest in local history has continued to grow, especially in relation to the development of Oneonta as a railroad town. In 1982, Jim organized the Leatherstocking Railway Historical Society, and he has been very active in the development of the Cooperstown and Charlotte Valley train ride which operates between Milford and Cooperstown using vintage locomotives. He has written a number of books on area railroads and local history, and also wrote and narrated the documentary, "Otsego Trolley Line." He resides in Oneonta, and in addition to writing, pursues hiking and carpentry work.

Overbey, Edmond - his B.A in English, social studies and education from Lamar University was followed by graduate work in economics at the University of Houston and remote learning at SUNY Albany. Early in his career in the Management Development Program at Prudential, he discovered an aptitude for information technology (IT). He went into systems integration management focusing on land use planning. His post retirement career included teaching in the SUNY Research Foundation's high school diploma program.

Pietrafacc, Bill is a retired Professor of Biology at SUNY Oneonta who taught courses in general biology, general botany, plant physiology, plant growth and development, human anatomy and physiology, and a course on the implications of the Human Genome project.

Sanborn, Ed taught high school History and English for 25 years, plus eight years teaching continued adult learning in Sacramento, CA (Renaissance Society). He is interested in a wide variety of subjects and has taught classes about the Northern Renaissance, Revolutions 1600-2000, The Middle Ages 400-1200 AD, and The Chinese Revolution 1900-2000 to name a few. He welcomes any suggestions for future classes.

Starna, William is professor emeritus of anthropology, SUNY Oneonta. He is a long-time student of the Iroquoian and Algonquian peoples of eastern North America, in addition to federal and state Indian policy. He is the author of books and articles on American Indian history and related topics. For many years he was a consultant with the Native American Rights Fund and law firms working with Indian tribes on land claims, treaty rights, and the federal acknowledgment process. He has written and presented a professional paper on the Sullivan-Clinton campaign.

Young, Arlana has been practicing Tai Chi for about 10 years and has been certified since 2018 to teach Dr. Paul Lam's Tai Chi forms that were developed specifically for older people who are experiencing various medical conditions such as arthritis, diabetes, heart ailments and memory issues.

